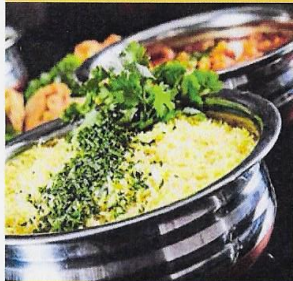


# Eastern & Oriental flavours



**CHICKEN KORMA**  
& BASMATI RICE. SERVED WITH NAAN BREAD  
& MANGO CHUTNEY

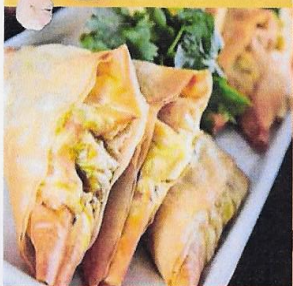
★  
All meat & poultry is UK sourced from higher standard welfare schemes



## SWEET POTATO CURRY

SERVED WITH BASMATI RICE & MANGO CHUTNEY ON THE SIDE

Our menu is carefully nutritionally balanced

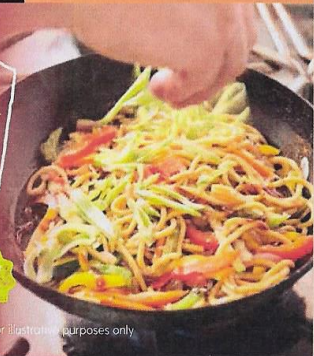


## VEGETARIAN SAMOSA

CHUNKY CHIPS, SWEET CHILLI SAUCE & GARDEN PEAS



## SWEET & SOUR CHINESE VEGETABLE NOODLES



All images are for illustrative purposes only

# Our Menu...

## MONDAY

Margherita Pizza served with Lattice Potatoes or Fresh Tomato Penne Pasta & Help yourself Salad Bar  
Jacket Potato with Baked Beans

Scotch Pancake with Fruit & Ice-Cream

## TUESDAY

Oven Baked Pork Sausages served with Mashed Potato & Baked Beans  
Jacket Potato with Baked Beans

Chocolate Sponge & Chocolate Sauce

## WEDNESDAY

Penne Pasta Beef Bolognese served with Garlic Bread & Help yourself Salad Bar on the side  
Jacket Potato with Baked Beans

Carrot Cake

## THURSDAY

Roast Chicken with Roast Potatoes, fresh Seasonal Vegetables, Gravy and Sage and Onion Stuffing  
Jacket Potato with Tuna

Fruit Jelly & Strawberry Ice-Cream

## FRIDAY

Breaded Fish Fingers served with Baked Beans, Chunky Chips & Tomato Ketchup  
Salmon Fishcake served with Sweet Chilli Sauce, Garden Peas, & Chunky Chips

Jam Sponge Served with Custard

Available: 30/10/17, 13/11/17, 27/11/17, 11/12/17, 1/1/18, 15/1/18, 29/1/18, 19/2/18, 5/3/18, 19/3/18

## MONDAY

Margherita Pizza served with Lattice Potatoes or Fresh Tomato Penne Pasta & Help yourself Salad Bar  
Jacket Potato with Baked Beans

Blueberry Muffin & Custard (Reduced Sugar)

## TUESDAY

Jacket Potato Day  
With a choice of Chilli, Cheese, Baked Beans or Tuna

Lemon Sponge Cake

## WEDNESDAY

Beef Burger served in a Floured Bun Along with Seasoned Fries & Help yourself Salad Bar  
Jacket Potato with Tuna

Frozen Yoghurt with Mango Topping

## THURSDAY

Chicken Drumstick  
With Jollof Rice

Apple Sponge

## FRIDAY

Breaded Fish, Chunky Chips, Tomato Ketchup & Garden Peas  
Salmon Fishcake & Jacket Potato with Cheese or Tuna

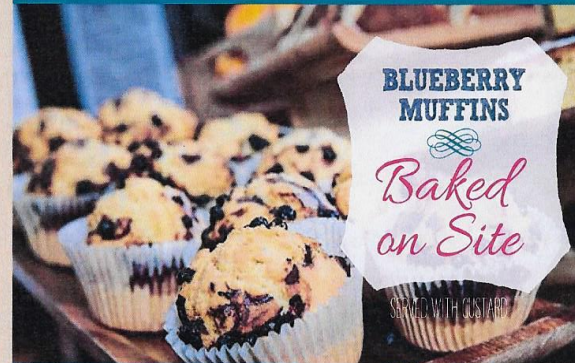
Vanilla Shortbread Biscuit & Strawberry Ice cream

Available: 6/11/17, 20/11/17, 4/12/17, 18/12/17, 8/1/18, 22/1/18, 5/2/18, 26/2/18, 12/3/18, 26/3/18

Served daily: unlimited salad bar, seasonal veg, fresh fruit, organic yoghurt, freshly baked bread and drinking water

★ - Vegetarian

# Awesome Desserts



**BLUEBERRY MUFFINS**

Baked on Site

SERVED WITH CUSTARD



**CARROT CAKE**

70% of our homemade desserts are sugar reduced



Proud to work with UK SUPPLIERS

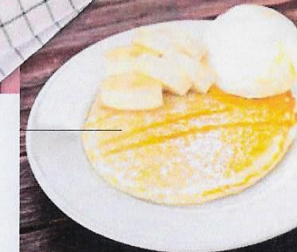


All milk & yoghurt is Organic



**SCOTCH PANCAKE**

SERVED WITH VANILLA ICE CREAM



**FRUITY BELGIAN BUNS**



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