



St John Fisher Catholic Primary School

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Head Teacher: Sarah J Griffin BA (Hons) MA (Hons) NPQH

Tuesday 16th April 2024

Dear Parents

From Wednesday 17th April, your child will attend swimming lessons each week.

Swimming and water safety are compulsory parts of the National Curriculum at primary school to make sure that children are well equipped to enjoy swimming and know how to keep safe in and around water.

Specifically, the National Curriculum states:

Swimming and water safety

All schools must provide swimming instruction either in KS1 or KS2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

<https://www.gov.uk/government/publications/national-curriculum-in-england-physical-education-programmes-of-study/national-curriculum-in-england-physical-education-programmes-of-study>

As we head into summer, it's especially important that children are prepared with these skills

As clarified above Swimming is a compulsory element of the National Curriculum and all pupils are expected to attend every week.

Your child should bring his/her swimming kit and towel into school every Wednesday.

Yours sincerely

Mrs L McLaughlin
Deputy Head Teacher