

# WEEKLY MENU



## WEEK 1

15TH APR  
13TH MAY  
17TH JUNE  
15TH JULY  
2ND SEPT  
30TH SEPT

Margherita Pizza 1,3,7,9 V  
Jackets with a  
Choice of Toppings 7,8,9  
Baked Potato Wedges  
Salad  
Peach Crumble 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## TUESDAY

Beef & Onion Pie 1  
Jackets with a  
Choice of Toppings 7,8,9  
New Potatoes  
Seasonal Vegetables  
Strawberry Mousse 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## WEDNESDAY

WRAP DAY  
Ham - Cheese - Tuna  
Chicken - Egg  
Jackets with a  
Choice of Toppings 7,8,9  
Rice, Salad  
Cornflake Cookie 1,7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## THURSDAY

Penne Bolognaise 1  
Jackets with a  
Choice of Toppings 7,8,9  
Seasonal Vegetables  
Traybake Pancake 1,7,9  
& Berry or Chocolate Sauce  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## FRIDAY

Fish Fingers 1,8  
Salmon Pasta 1,7,8  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Carrot Sticks  
Oaty Biscuit 1,15 VG  
Yoghurt 3,7  
Fruit Pots VG

## WEEK 2

22ND APR  
20TH MAY  
24TH JUNE  
22ND JULY  
9TH SEPT  
7TH OCT

Margherita Pizza 1,3,7,9 V  
Jackets with a  
Choice of Toppings 7,8,9  
New Potatoes  
Seasonal Vegetables  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Sweet Chicken Curry  
Jackets with a  
Choice of Toppings 7,8,9  
Rice, Salad  
Chocolate Pudding 1,9  
& Chocolate Sauce 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

WRAP DAY  
Ham - Cheese - Tuna  
Chicken - Egg  
Jackets with a  
Choice of Toppings 7,8,9  
Pasta, Salad  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Sausages & Mash 1,6  
Jackets with a  
Choice of Toppings 7,8,9  
Carrots, Green Beans  
Garlic Bread 1,3,7,9  
Peach Sponge 1,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Coleslaw 9  
Ginger Biscuit 1 VG  
Yoghurt 3,7  
Fruit Pots VG

## WEEK 3

29TH APR  
3RD JUNE  
1ST JULY  
16TH SEPT  
14TH OCT

Margherita Pizza 1,3,7,9 V  
Jackets with a  
Choice of Toppings 7,8,9  
Rice, Seasonal Vegetables  
Herby Bread 1,3,7,9  
Apple Crumble 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Sausage Roll 1,6  
Jackets with a  
Choice of Toppings 7,8,9  
Mashed Potato  
Baked Beans, Broccoli  
Banana & Toffee Cake 1,7,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

WRAP DAY  
Ham - Cheese - Tuna  
Chicken - Egg  
Jackets with a  
Choice of Toppings 7,8,9  
Rice, Salad  
Crispy Cake 3,7,16  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Chicken Nuggets 1  
Jackets with a  
Choice of Toppings 7,8,9  
Wedges  
Sweetcorn, Peppers  
Lemon Drizzle Cake 1,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Cucumber Sticks  
Caramel Cookie 1,7  
Yoghurt 3,7  
Fruit Pots VG

## WEEK 4

6TH MAY  
10TH JUNE  
8TH JULY  
23RD SEPT  
21ST OCT

Margherita Pizza 1,3,7,9 V  
Jackets with a  
Choice of Toppings 7,8,9  
Rice  
Seasonal Vegetables  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Jerk Chicken  
Jackets with a  
Choice of Toppings 7,8,9  
Jollof Rice  
Salad  
Jam Tart 1,6 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

WRAP DAY  
Ham - Cheese - Tuna  
Chicken - Egg  
Jackets with a  
Choice of Toppings 7,8,9  
Rice, Salad  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Penne Bolognaise 1  
Jackets with a  
Choice of Toppings 7,8,9  
Baked Wedges, Green Beans  
Sweetcorn, Garlic Bread 1,3,7,9  
Beetroot Cake 1,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Coleslaw 9  
Vegan Brownie 1 VG  
Yoghurt 3,7  
Fruit Pots VG

**KEY:**  
VG Vegan  
V Vegetarian

### AVAILABLE DAILY:

Selection of Salads 9,  
Homemade Bread 1,3,7,9.

Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



LOOK  
OUT FOR  
OUR THEMED  
DAYS!

Come, Lord Jesus, be our guest.  
May this food by you be blessed.  
Amen

ST JOHN FISHER



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard  
5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs  
12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten